



# CMFRI 'Matsya Mela' to begin on Saturday

**EXPRESS NEWS SERVICE**

AS part of the 78th Foundation Day celebrations, the Central Marine Fisheries Research Institute (CMFRI) will host a three-day Matsya Mela from Saturday.

The event will showcase a variety of delectable seafood, including *kallumakkaya* (green mussels), oysters, octopus, and various shrimp species, along with a tech exhibition, locally produced farm products, a buyer-seller meet, and a series of workshops.

One of the key attractions will be food stalls run by women's self-help groups and seafood entrepreneurs. Traditional Lakshadweep dishes will also be featured. Organisers highlight that depurated oysters, known for their rich nutritional value, will be available for spot consumption.

Visitors can also buy items such as millets, nutritional products, pokkali rice, native jaggery, traditional sweets,



spices, pickles, honey, and fresh and processed fish products. Other offerings will include pearl spot fingerlings, ornamental fish, vegetable seedlings, medicinal plants, seeds, organic manure, and wellness products.

Notably, free health check-ups, along with corresponding diet counselling will be offered at the fest.

Furthermore, a special exhibition on the wonders of marine life will be held from 10 am to 3pm on February 3. CMFRI's museum, aquarium, and labs, which offer a glimpse into the deep sea, will be open to the public.