# Increasing the production of Lab Lab, the ideal food for successful culture of the milkfish, *Chanos chanos* (Forsskal)

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The favourite food item of the milkfish in the South-East Asian countries, where it has been cultured, is the benthic complex of periphyton called Lab Lab (Pillai 1962, Bardach et al. 1972). This is composed of microscopic organisms, dominated chiefly by blue-green algae like Phormidium and Oscillatoria, diatoms like Navicula and Pleurosigma, amphipods, nematodes, etc. The sustained growth and maintenance of Lab Lab in culture ponds has been the key factor for high production of milkfish in Indonesia, Philippines and Taiwan. Successful commercial farming of this fish in India also seems to be possible by the development of a technology for substantial growth and maintenance of Lab Lab (Bensam 1991).

For enhancing the growth of Lab Lab at Mandapam, 4 experiments were conducted from August to September 1981, each in a pond of 40 m  $\times$  20 m, with water pumped from the sea. The ponds were not stocked with fish or other macroorganisms. The production of Lab Lab was estimated by dividing each pond into 32 squares, each of 5 m  $\times$  5 m. From each such square, 5 subsquares each of 1 m  $\times$  1 m, were selected at random. From the subsquare

Present address: <sup>1</sup>Principal Scientist, Central Marine Fisheries Research Institute, P.B. No. 2704, Kochi, Kerala 682 031. an area of 10 cm  $\times$  10 cm, also selected at random, was used for removal of Lab Lab with the aid of a G I basal plate. The Lab Lab growth was scrapped off the substratum with a scalpel. The samples were made into a known volume of water, the number of algal filaments from an aliquot was counted, length of the filaments were recorded and mean length in each sample was calculated.

For knowing the quantity of *Phormidium* in the samples, the total length of the filaments per 100 cm<sup>2</sup> was computed by multiplying the estimated number of filaments with their mean length in each case. The experiments were carried out in the natural (unmanured) condition as a control, and manuring 3 ponds with cowdung, groundnut oilcake cum rice bran and leaves of *Tephrosia*. Lab Lab was allowed to grow for 30 days in all the experiments simultaneously. The increase in the production of the alga would become obvious by comparing the total length of the filaments in the 100 cm<sup>2</sup> samples of unmanured and manured ponds.

The data from the experiments (Table 1) showed that in the control, the number of *Phormidium* filaments after 30 days was 0.6004 million/100 cm<sup>2</sup>, with length ranging from 0.203 to 0.304 mm and mean at 0.254 mm. The production was computed as  $1.52501 \text{ mm}/100 \text{ cm}^2$ . In the experiment with cowdung, a quan-

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than the control. orom somit 02 mode, and 001/mm 000 S2 87 and mean at 0.640 mm. The production was mm 019.0 - 076.0 lo dignol diw ,boqo -lovab <sup>x</sup>ma 001/stnamshi noillim 08.11 basan kg (dried condition), After 30 days, an esuof leaves of the herb, Tephrosia weighing 12 requires in the third experiment was a compose em\*, about 66 times more than the control. The mm. The production was 1.01.18.800 mm/100 028.0 is mean thiw, mm 012.1 - 002.0 dignel aniyad, 'mo 001/noillim 46.51 asw anomalil mulbimood I lo rodmun bonenilize of U. gi Fai aworks at eyeb OE rorts bogolovob realt de.J de.J the mixture into an aqueous state. The mat of Buidem yd besu sew enofronorg faupo ni nad

Among the 3 experiments, the pond manured with groundnut offenke contricte bran at a rate of 200 kg/ha gave the highest production of Lab Lab followed by those with leaves of Tephrosin at 150 kg/ha and cowding at 1 700 kg/ha. The actual cost of the manures during 1981 (Table 1) showed that although cowdung was the cheapest, in terms of production of Lab Lab, it was less effective than the other 2 manures.

Milkfish did not require extraneous feeding, but subsisted on Lab Lub (Bandach et al. 1972). By using organic and inorganic manuce it was possible to increase the growth of nuce it was possible to increase the growth of Lab Lab Lab for successful culture of this fin

tity of 136 kg was made into a compost and applied. Analyses of at all growth after 30 days revealed the number of *Phormulaum* filaments as 12.15 million/100 cm<sup>2</sup>. Length of tilaments was 0.186 – 0.760 run, with mean at 0.291 mm. The production was computed as 35.35 650 mm/100 cm<sup>2</sup>, about 23 times more than the second experiment, a than the control. In the second experiment, a quantity of 16 kg of groundmut olicake and rice quantity of 16 kg of groundmut olicake and rice quantity of 16 kg of groundmut olicake and rice quantity of 16 kg of groundmut olicake and rice quantity of 16 kg of groundmut olicake and rice quantity of 16 kg of groundmut olicake and rice quantity of 16 kg of groundmut olicake and rice quantity of 16 kg of groundmut olicake and rice quantity of 16 kg of groundmut olicake and rice quantity of 16 kg of groundmut olicake and rice quantity of 16 kg of groundmut olicake and rice quantity of 16 kg of groundmut olicake and rice quantity of 16 kg of groundmut olicake and rice quantity of 16 kg of groundmut olicake and rice quantity of 16 kg of groundmut olicake and rice quantity of 16 kg of groundmut olicake and rice quantity of 16 kg of groundmut olicake and rice quantity of 16 kg of groundmut olicake and rice quantity of 16 kg of groundmut olicake and rice quantity quantity olicake and rice quantity quantity



Fig. 1. A sample of Lab Lab, dominated by Phermedium, grown by manning g with grounding officake cum riceban

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South-East Asian countries (Bardach *et al.* 1972, Chen 1972). Tang (1972) showed that by using each group of algal food, it was possible to manipulate culture stocks in such a way as to enhance production. The study indicated that in India also the production of Lab Lab can be realised and milkfish can be cultured by sustained growth of Lab Lab in culture ponds, instead of resorting to supplementary feedings.

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